

DORIS LAESSER STILLWATER

“OUT OF DARKEST NIGHT YOU LED ME INTO LIVING LIGHT” -A RETREAT PARTICIPANT

An international teacher of depth awareness and consciousness, Doris is a contemplative psychologist with over thirty years counseling practice and group leadership, with a focus on finding one’s authentic power and path.

She is a licensed psychologist with extensive training including C.G.Jung analytical work, energy trauma work, Gestalt therapy, Bodytherapy with premier teachers of Europe and America, and practice with Insight Meditation and Tibetan Buddhism since 1982.

Her creative role in the development of the bestselling audio resource, *Graceful Passages*, the award-winning film *Shining Night*, helped these works attain a depth and clarity which has touched thousands.

Together with her husband, artist/educator Michael Stillwater, she leads workshops and retreats for the general public and healthcare practitioners in Europe and America.



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